



The MU Prayer

Loving Lord

We thank you for your love
so freely given to us all

We pray for families around the world
Bless the work of the Mothers' Union
as we seek to share your love through
the encouragement, strengthening and
support of marriage and family life
Empowered by your Spirit may we be
united in prayer and worship,
and in love and service reach out
as your hands across the world
In Jesus' name
Amen



Mission Unlimited!

**The Personal Prayer of Mary Sumner
who founded MU in 1876**

All this day, O Lord,
Let me touch as many lives as possible
for Thee
And every life I touch, do thou by
Thy Spirit quicken
Whether through the words I speak,
the prayer I breathe or the life I live
Amen



MU Literacy Circle, Malawi



MU Thrift Shop Colombo, Sri Lanka

Branch Contacts

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Mothers' Union Headquarters

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St Alban's Diocese HQ

www.stalbans.anglican.org/Mission/Mothers-Union

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(The Barnabas and Emmaus Centres)
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**Christian Care
for
Families Worldwide**

JANUARY

New Year Winter Warmer!
W/B 9th Cinema trip:
'The King's Speech' Details TBC

Tuesday 18th AGM 19.30
Emmaus Centre CM23 4BE

Friday 21st 10.00-11.15 Barnabas Centre
Daytime Branch Meeting 'Home' 1

Sunday 30th Barnabas Centre 09.00-10.30
Church Family Breakfast



FEBRUARY

Wednesday 2nd 10.00 St James Church
'Little Worship' Communion & MU Prayer

National Marriage Week 7th - 14th

Thursday 10th 19.30 Emmaus Centre
Valentine's supper
'Faithful Relationships'

Speakers: Colin & Jenny Butler

Friday 18th 10.00-11.15 Barnabas Centre
Daytime Branch Meeting: 'Home' 2

St James Mothers' Union Bishop's Stortford Programme 2011

MARCH

Wednesday 2nd 10.00 St James Church
'Little Worship' Communion & MU Prayer

Friday 4th Venue: TBC

Women's World Day of Prayer 10.30
Women of Chile invite us to join them



'How Many Loaves have you?'

Tuesday 8th 19.30 Emmaus Centre
Shrove Tuesday: Pancakes!

Saturday 12th 09.00 - 16.00
New Wine Women Regional Conference
Milton, Nr Cambridge. CB24 6AB.
'Keeping Hope Alive' Book early!

Friday 18th 10.00-11.15 Emmaus Centre
Daytime Branch Meeting 'Home' 3

Sunday 20th Barnabas Centre 09.00-10.30
Church Family Breakfast

Friday 25th 11.00

Deanery Lady Day Service & Lunch

Venue: St Michael's Church: CM23 2ND

APRIL

Friday 1st 18.00

Posy Making: Church Room 18.00



Sunday 3rd

Mothering Sunday
Presentation of posies
09.00 Church
10.30 Barnabas Centre

Wednesday 6th 10.00 St James
'Little Worship' Communion & MU Prayer

MAY

Wednesday 4th 10.00 St James Church

'Little Worship' Communion & MU Prayer

Wednesday 18th 19.00

Riverside Walk to Spellbrook Pub

Meet 13, Thorley Park Road



Friday 20th 10.00-11.15 Barnabas Centre

Daytime Branch Meeting 'Home' 4

***Saturday 14th Deanery Link Day**

HACKNEY MU VISITING BS

Venue: St Michael's Church Hall CM23 2ND

Sunday 22nd Barnabas Centre 09.00-10.30

Church Family Breakfast

*Brought forward from **21st** (01.02.11)

Brought forward from **15th (20.02.11)

JUNE

Wednesday 1st 11.00-14.00

All-Age Family Picnic Hatfield Forest



Sunday 12th The Barn 09.00-10.30

Church Family Breakfast

AND

Diocesan Initiative: 'On the Move' TBC

****Wednesday 8th 19.30 Emmaus Centre**

Faithful Relationships in singlehood:

Meal & talk

Speaker: Rev Anthea Platt

Friday 17th 10.00-11.15 Barnabas Centre

Daytime Branch Meeting

JULY

4th - 8th MU Wave of Prayer

Wednesday 6th 10.50 - 11.10

St James Thorley

Wednesday 6th 10.00 St James Church

'Little Worship' Communion & MU Prayer

Saturday 9th 19.00

PROGRESSIVE Supper - for church!

Venue: various/ Concluding: Barnabas Centre

Friday 15th 10.00-11.15 Barnabas Centre

Daytime Branch Meeting

AUGUST

Tuesday 9th

Mary Sumner Day:

Diocesan Prayer Pilgrimage: TBC

SEPTEMBER

Saturday: 3rd 09.30-15.00

Ladies' Quiet Day/ Leader: Lesley Craddock



Pleshey Retreat House, Essex CM3 1HA

Wednesday 7th 10.00 St James Church

'Little Worship' Communion & MU Prayer

Friday 16th 10.00-11.15 Barnabas Centre
Daytime Branch Meeting

Sunday 25th Barnabas Centre 09.00-10.30
Church Family Breakfast



OCTOBER

Wednesday 5th 10.00 St James Church
'Little Worship' Communion & MU Prayer

Wednesday 12th 19.30 Emmaus Centre:
Soweto Township
Speaker: Lesley Craddock

Friday 21st 10.00-11.15 Barnabas Centre
Daytime Branch Meeting

NOVEMBER

Wednesday 2nd 10.00 St James Church
'Little Worship' Communion & MU Prayer

Wednesday 10th 19.30 Emmaus Centre
Quiet Evening & Communion,
with clergy

Friday 18th 10.00-11.15 Barnabas Centre
Daytime Branch Meeting

Sunday 20th Barnabas Centre 09.00-10.30
Church Family Breakfast

DECEMBER

Wednesday 7th 10.00 St James Church
'Little Worship' Communion & MU Prayer

Wednesday 7th 18.30
Branch Social: Christmas Bring & Share
Venue: TBC



St James' MU welcomes all women and men to their meetings.

It is not necessary to be a Member to attend.

If you are interested in becoming a member please speak to Jan or any MU member.

Membership Requirements:

- To have been baptised
- To uphold the **aims & purposes** of the Mothers' Union
 - ❖ You don't have to be married
 - ❖ You don't have to be a woman and
 - ❖ You certainly don't have to be a mother!



Chrishanthie Nayagum
MU President Sri Lanka

Mothers Unleashed!